

General Warnings and Precautions

Caution Talk to your doctor if any complications occur in using this device. Stop using the device if complications continue.

Caution Do not leave the ring on your penis for more than 30 minutes. Do not fall asleep wearing the ring. Leaving the ring on too long may damage your penis by keeping blood from flowing into it.

Caution Allow at least 60 minutes between uses of ErecAid. Using the rings too often may cause bruising at the base of the penis (where the penis is joined to the body).

1. If you have symptoms of Erectile Dysfunction (not being able to get or keep an erection that allows you to have sex), talk to your doctor before using the ErecAid® to prevent a delay in discovering and treating the cause. Common causes of Erectile Dysfunction are heart disease, diabetes, multiple sclerosis, cirrhosis of the liver, chronic renal failure and alcoholism.
2. Ask your doctor about using the ErecAid if you are taking anti-coagulant (blood-thinning) medicine; if you have a penile implant; or if you have Peyronie's disease, leukemia or other blood disorders where bleeding or clotting may be a problem. The effects of the ErecAid system on the components of implanted penile prostheses have not been adequately investigated. Therefore, if you have a penile prosthesis, consult your physician prior to use.
3. Do not use the vacuum pump under the influence of drugs or alcohol. These substances may reduce your sensitivity to pain or impair your ability to follow directions properly.
4. The vacuum pump may bruise the blood vessels just below the surface of the skin, which may cause tiny reddish spots (petechiae) to appear on your penis. These are not harmful and should disappear with regular use of the device. Bruising may also occur at a deeper level in the penis or scrotum, which could result in hemorrhage (excessive bleeding) and/or hematoma (blood clot).
5. Always use the least amount of vacuum pressure necessary to produce an erection. Using too much pressure or increasing the vacuum pressure too quickly may cause discomfort, pain or bruising. Release vacuum pressure immediately if pain occurs.

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6. Improper use of the vacuum pump could result in the swelling of the penis and/or serious, permanent injury to the penis. Improper use may also worsen pre-existing medical conditions such as Peyronie's disease, priapism and urethral strictures.
7. If you notice a bend or curve in your penis when you first use your ErecAid, talk to your physician.
8. If your hands are impaired, you should not use this product. You must have full use of your hands to safely use the rings and pump. If you do not have enough strength in your hands, you may not be able to remove the ring. Delayed ring removal could damage your penis.
9. The vacuum pump may not be safe for men who cannot feel pain in the area around their penis. If you have diabetes, you may have a reduced ability to feel pain. Pain may be a sign that your penis is being bruised.
10. Tension rings are not a means of birth control. Do not rely on tension rings to avoid pregnancy.
11. Always use the lowest amount of tension necessary to maintain the erection. Start by using the largest size ring with the lowest tension. Add tension, if necessary, by using the next lowest tension level. Do not skip a level when adding tension.
12. After a period of inactivity when the pump has not been utilized, practice sessions will again be necessary to recondition penile tissue prior to resuming sexual activity.
13. If you will not be having sexual activity on a regular basis, you need to continue therapy practice sessions on a regular basis.

Principles of Operation

A human erection is a complex event that involves the brain, hormones, blood vessels, nerves and muscles inside the penis. When these work together properly, the penis fills with blood to produce an elongated and hard erection. In simple terms, an erection is a blood-filling and blood-storing event, which takes place inside a man's penis.

A vacuum pump pulls blood into the penis to produce an erection. A tension ring or band holds the blood in the penis, keeping the erection long enough to have sexual intercourse. When the ring or band is removed, the erection quickly goes away.