

How to Select the Tension Ring

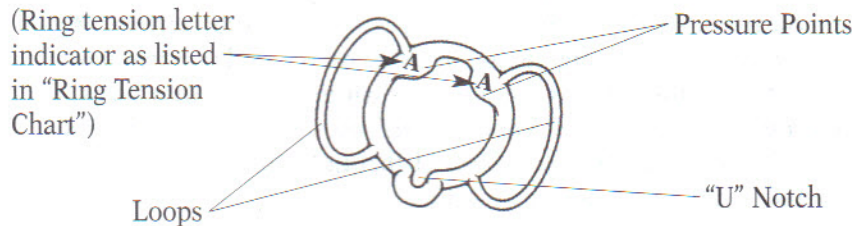
You will need to experiment to find the tension ring that's right for you. Begin with the largest Ring (A) and determine if it is comfortable and provides a satisfactory erection. If not, try the (B) Ring then and then the (C) Ring and then the (D) Ring. **Always try to keep the erection with the least amount of tension. Correct positioning of the tension ring is also necessary to keep the erection.** Tension rings should be positioned so that the "U" shaped notch is on the bottom of the penis and the pressure points are at the top of the penis.

NOTE: When using a combination of rings, the ring with the greatest amount of tension should be closest to your body. See page 31 for instructions on loading and transferring no more than two tension rings.

COLOR CODED TENSION RINGS

BEIGE
Standard Tension

PINK
High Tension



Ring Tension Chart

	Level One	One large standard-tension ring (beige-A)
	Level Two	One large high-tension ring (pink-B)
	Level Three	One medium standard-tension ring (beige-C)
	Level Four	One medium high-tension ring (pink-D)
	Level Five	One medium standard-tension (beige-C) and One large standard-tension ring (beige-A)
	Level Six	One medium high-tension (pink-D) and One large high-tension ring (pink-B)
	Level Seven	One medium high-tension (pink-D) and One medium standard-tension ring (beige-C)
Minimum Tension		
Maximum Tension		

How to Load Tension Rings the Easy-A Ring Appl

